

嶺南大學持續進修學院

Lingnan Institute of Further Education (LIFE)



應用心理學

Applied Psychology

Understanding Minds,
Enriching Lives

洞察人心，
豐富人生

試玩玩



Let's Try

- 為什麼我們搭電梯時，臉總會對著門口？
Why do we face the lift door when we enter the elevator?
- 哪一種顏色最性感？
Which color is sexiest?
- 你能否看穿別人笑容和眼神的真偽？
Can you determine a person's genuineness by looking at the eyeballs and smile?
- 考試前「通頂」有無用？
Is it useful to study overnight for an exam?
- 你有否被你的記憶出賣過？
Have you ever been betrayed by your memories?
- 香港哪個廣告最能達到成效？
Which advertisement in Hong Kong is the most effective?

課程特色

Course Features

- 認識生活中無處不在的心理學理論
• Understand everyday life with psychology theories
- 解構個人和周邊人的思想、情緒和行為
• Deconstruct personal and surroundings' thoughts, emotions and behaviour
- 運用心理學於不同行業，提升成功就業的機會
• Apply Psychology in different careers, enhance successful employment opportunities

成績匯報

Reporting of Performance

應用學習課程乃高中課程下的選修科目，成績會在香港中學文憑證書上匯報。應用學習學生的成績匯報分為：「達標」、「達標並表現優異(I)」和「達標並表現優異(II)」。「達標並表現優異(I)」及「達標並表現優異(II)」的表現水平被視為等同香港中學文憑考試甲類科目第三級及第四級或以上的成績。

ApL courses are offered as elective subjects under the senior secondary curriculum. The results are reported on the Hong Kong Diploma of Secondary Education (HKDSE) certificate. The reporting of students' performance in ApL courses is "Attained", "Attained with Distinction (I)" and "Attained with Distinction (II)". Performance of "Attained with Distinction (I)" and "Attained with Distinction (II)" are deemed comparable to Level 3 and Level 4 or above of Category A subjects of the HKDSE Examination respectively.

升學

Further Studies

升讀心理學、社會科學、輔導、社會工作、人力資源管理等相關課程，例如由LIFE開辦的社會科學（心理學）副學士

Articulate to courses related to psychology, social science, counselling, social work, human resources management, etc.
e.g. Associate of Social Sciences (Psychology) offered by LIFE.

職業發展

Career Development

例如：心理學家、輔導員、人力資源管理從業員、社工、教師、活動從業員、幼兒護理員、培訓人員、職業顧問、精神科專業人士

e.g. psychologist, counsellor, human resources practitioner, social worker, teacher, programme worker, child care worker, training officer, career counsellor, psychiatric professional.

「心理學」是最能兼備趣味、實用和學術的科目。

我們的心理學課程深入淺出，利用動態的活動串起各個專題，並輔以多元評核方法，讓同學認知心理學範疇內重要的課題，建立學科的基礎知識，擴闊升學和就業的舞台！

Psychology is a perfect combination of fun, practicability and academic theory.

Our psychology programme demonstrates profound knowledge in a simplified way, stimulating dynamic pedagogical activities to connect various themes. With the adoption of diversified assessment methods, students will grasp important topics in the field of Psychology, lay a sound foundation of the subject, and have their educational and career opportunities enhanced.

課程結構 Course Structure



必修部分 (144小時)
Core (144 hours)



本課程在資歷架構下獲得認可 (資歷架構第三級)
This course is recognised under the Qualifications Framework (QF Level 3).
資歷名冊登記號碼 QF Registration No.: 19/000004/L3

修畢此課程，除獲香港中學文憑資歷外，學生亦會獲課程提供機構頒發資歷架構第三級證書。詳情可瀏覽資歷名冊網頁 (www.hkqr.gov.hk)。Students will also obtain the QF Level 3 certificate issued by Course Provider in addition to the HKDSE qualification upon successful completion of this Applied Learning Course. Details are available on the Qualifications Register website (www.hkqr.gov.hk).

學習成果 Learning Outcomes

完成本課程後，學生應能：

Upon completion of the course, students should be able to:

1. 展示心理學主要學派及基本理論的認識

Demonstrate an understanding of major perspectives and fundamental theories in psychology

2. 運用心理學原理，分析在專業、社會及個人層面的人類思考歷程及行為

Apply psychological principles to analyse human mental processes and behaviors in professional, social and personal contexts

3. 在解決有關人類行為的問題時，展示慎思明辨、解難及創意思維能力

Demonstrate critical thinking, problem-solving and creative thinking skills in solving problems related to human behavior

4. 展示對心理學從業員的專業操守有基礎的認識，並展示正面的價值觀和態度

Demonstrate a basic understanding of the professional ethics of psychology practitioners and demonstrate positive values and attitudes

5. 提升相關範疇之升學及就業發展所需的自我認知

Develop self-understanding for further studies and career development in related field

中四入讀 Secondary 4 Entry

報名日期: 2022年5月20日至6月22日

Application Period: 20 May to 22 June 2022

開課日期: 2022年9月

Commencement Date: September 2022

中五入讀 Secondary 5 Entry

報名日期: 2023年2月22日至4月12日

Application Period: 22 February to 12 April 2023

開課日期: 2023年9月

Commencement Date: September 2023

授課安排 Class Arrangement

模式一 Mode 1

時間 Time:

逢星期五下午、星期六上午或下午上課，每課3或4小時

Lessons will be held for 3 or 4 hours on Friday afternoons, Saturday mornings or afternoons

(註：部分課程將安排於七月暑假期間進行。)

(Note: Lessons will also be scheduled during summer holidays in July.)

地點 Venue:

(1) 屯門嶺南大學 或 (2) 太子 / 油蔴地

(1) Lingnan University, Tuen Mun or (2) Prince Edward / Yau Ma Tei

模式二 Mode 2

課堂主要在學生就讀學校進行，有關詳情有待課程提供機構與學校協定。

Lessons will mainly be held at students' own schools.

Details will be confirmed between course provider and schools concerned.



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LINGNAN INSTITUTE OF FURTHER EDUCATION

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